

LESSON D Reading

1 Before you read

Talk with your classmates. Answer the questions.

1. Look at the picture. What is unusual about it?
2. Read the title. What do you think the story will be about?

2 Read



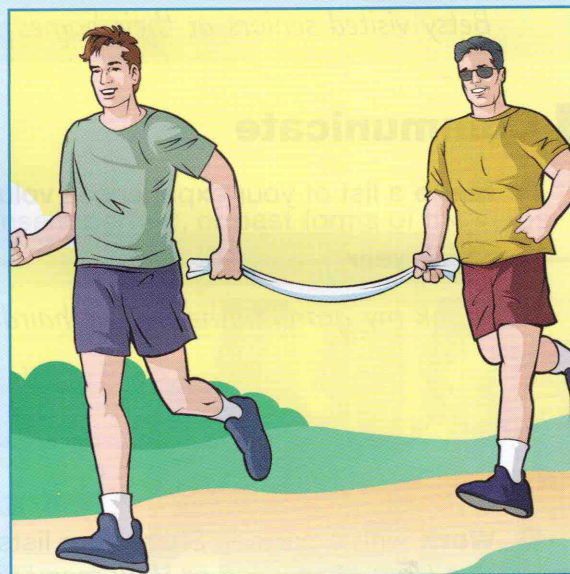
STUDENT TK 21
CLASS CD1 TK 37

Read the newspaper article. Listen and read again.

Use titles and pictures to help predict what a reading is about.

RUNNING WITH ROPES

Imagine running with your eyes closed. How do you feel? Insecure? Afraid? Justin Andrews knows these feelings very well. Justin is a former long-distance runner who lost his vision because of a grave illness. For the past six months, he has been running twice a week with the help of volunteer runners at Running with Ropes, an organization that assists blind and visually impaired runners. "Running with Ropes has changed my life," Justin says. "Until I heard about it, I thought I'd never run outside again."



Volunteers at Running with Ropes make a commitment to volunteer two to four hours a week. Scott Liponi, one of the running volunteers, explains what they do. "We use ropes to join ourselves to the blind runners and guide them around and over obstacles, such as holes in the road and other runners." Scott has learned how to keep the rope loose so the blind runner has more freedom. He deeply respects the blind runners' tenacity. "They

are incredibly determined," he says. "It doesn't matter if it's hot, raining, or snowing – they are going to run." Scott says it is gratifying to share in the joy of the runners and to feel that they trust him. "The four hours I spend at Running with Ropes are the most rewarding part of my week," he says. "It's really a worthwhile commitment."

3 After you read

A Check your understanding.

1. Who is Justin Andrews? What happened to him?
2. What is Running with Ropes?
3. How is Justin able to run?
4. Who is Scott Liponi?
5. How does Scott feel about his volunteer commitment?

When you see a new word, look at the words around it to guess if the meaning is positive or negative.

*He lost his vision because of a **grave** illness.*

You can guess that **grave** has a negative meaning because loss of vision and illness are both negative events.

B Build your vocabulary.

1. Look at the reading tip above. Then, in the reading passage, underline the words from the chart. Decide if their meanings are positive or negative. Fill in the clues that helped you guess.

Word	Positive	Negative	Clue
1. grave		✓	<i>He lost his vision because of an illness.</i>
2. insecure			
3. impaired			
4. freedom			
5. tenacity			
6. gratifying			
7. rewarding			

2. Work with your classmates. Write four more words from the reading that have positive or negative meanings. Indicate if their meanings are positive or negative. Fill in the clues that helped you guess.

Word	Positive	Negative	Clue
a.			
b.			
c.			
d.			

C Talk with a partner.

1. When do you feel most insecure?
2. Tell about something that takes tenacity.
3. Describe a gratifying experience.
4. What do visually impaired people use to help them?
What about hearing-impaired people?